

***Annual Regional Child Care and
Early Childhood Training Conference
March 4, 2017***

**At Germanna Community College,
Fredericksburg Campus at
The Workforce Development Center**

Sponsored by

The Childcare Network

**Germanna Community College
Early Childhood Development Program and
Center for Workforce and Community Education**

Smart Beginnings Rappahannock Area

Funded in part by:

**Fredericksburg, Stafford, Spotsylvania and Caroline Departments
of Social Services Child Care Quality Initiative Programs**

Questions? 540-373-3275

register online at www.TheChildcareNetwork.org

Germanna Community College, Fredericksburg Campus
10000 Germanna Point Dr. Fredericksburg VA 22408

Schedule

- 7:30-8:30** Sign in, pick up materials, resource sharing, refreshments
8:30-8:45 Announcements
8:45-10:00 First Session Speakers

Workshop codes (Suggestions only - anyone is welcome to attend any workshop)

- I - Appropriate for those who work with infants/toddlers (0-3)
P - Appropriate for those who work with preschoolers (2-5)
S - Appropriate for those who work with schoolage children (5-12)
M- Appropriate for director/administrators / management

Keynote Session – 8:45 AM to 10:00 AM

A. Cultivating Kindness, Cooperation, and Caring: What the World Needs Now I P S M Mary Lynn White /Acorn Dreams

Friendship, caring about others, getting along, using kind words – this is what we want for all children. In fact, children who are secure in their relationships have the confidence to take on the risks and challenges of trying new things, enabling them to gain the skills they need to be ready for school and for life. Today's world of 24/7 screens and a 'me first' attitude, interferes with forming and maintaining caring relationships. What can we do on a day-to-day basis to nurture children's positive development? Practical strategies will be shared that help children express feelings appropriately, develop self-control, play cooperatively, and accept differences. Learn effective approaches that create a respectful, caring environment and help you guide children towards a bright future.

B. Bystander or Life Saver -- It's Up to You! --- Joel Griffin I P S M

In the US, sudden cardiac arrest claims the lives of 6000-8000 children every year. That is something to be concerned about! Cardiac arrest is the third leading cause of death in the United States. It can happen to anyone, anywhere, at any time regardless of the individual's age, race, ethnicity, or gender. Cardiac arrests often occur without warning and the person suffering an arrest may be a friend, co-worker, child, sibling, parent, grandparent, or stranger on the street. Joel Griffin, Chairman of Gwyneth's Gift Foundation, will share the compelling story of his family's experience and how you can make a difference to save lives. Joel will tell us how raising awareness of sudden cardiac arrest and community-wide training in life-saving techniques increases the chances of survival from sudden cardiac arrest. The goal of Gwyneth's *Gift* is a community that is educated, confident, and capable of responding to save the life of an individual in need of CPR. You will leave this session feeling empowered and motivated!

1st Session – 10:15 AM to 11:45 AM

1. Why Can't We All Just Get Along? Helping Children Learn to Manage Strong Emotions I P S M

Mary Lynn White/Acorn Dreams

Effective Strategies to Reduce Challenging Behavior by Building Pro-social Skills and Self-control. Intentionally building children's social-emotional skills limits aggression and increases pro-social behaviors. This interactive workshop highlights effective, research-based strategies, easily implemented in any program, which create an environment that is calm, caring, and more respectful.

2. Handling Difficult Parent Interactions Nicole Lumpkin M

How to handle all types of parent interactions, identify best communication strategies and how to build partnerships with parents for the benefit of students

3. When 20/20 Vision Is Not So Clear Cindy Rose/Chuck Hinshaw P S

Learn how to spot vision difficulties and enhance children's visual skills through play.

4. STEAM, Baby STEAM! Brenda Cubrero P S

We all know about STEM, let's figure out how to get STEAM into the curriculum. It's not just about painting and coloring materials that are available regularly. Let me show you how adding open-end materials in the art area will lead to sculpting, problem solving, creativity, inventing, and more.

5. **Games & Movement Activities Mary Braxton P S**
Hands on Workshop. Participants will have fun and participate in games and movement activities that can be used for fun and learning. We can all have fun in bringing back the enjoyment of physical activity and also turn it into a learning experience
6. **Literacy Activities in an Ever-Changing World Rachel Placchetti CRRL P S**
Learn how to incorporate ideas and lessons on diversity, community, and empathy in early literacy programs, with a focus on classroom activities.
7. **Block Play for Infants and Toddlers- How Do You Stack Up? Paula Belville I**
Do you have blocks in your classroom? Do you engage in block play with your infants and toddlers? What are children learning from block play? Come explore ways to enhance block play in your classroom!
8. **So That All May Play & Learn Kim Lett I P S M**
Enrich your childcare, camp, or school program by including children with disabilities. Learn why inclusion is important, what things you should consider, and where you can access community resources that help and support children with disabilities.
9. **The Nuts and Bolts of Eating Becky Sheffield, Extension I P S**
We'll talk about the importance of good nutrition for all ages; food safety and how to get the most out of a meal and snack times.

Lunch 11:45 AM-12:15 PM

2nd Session 12:15 – 1:45 PM

10. **Music for Behavior Management—When is a song more than a song? Gail Multop P S**
Why do experienced teachers and caregivers use music and movement to do transitions, and manage behavior? Come learn about the magic of music in childcare and school.
11. **Understanding Social Competence Nicole Lumpkin P S**
Preschool children need more than their alphabet and numbers to achieve academic success. They need to acquire certain social skills that allow them to work with others, accept guidance from teachers and how to handle their emotions appropriately. Join us for a great workshop on identifying social competence in children and how to provide opportunities for growth in the classroom.
12. **Preparing Brain to Learn Christina Carson P S**
What are the processing skills needed to be successful in school, and how can teachers help children attain these skills.
13. **Let's Investigate! Brenda Cubrero P**
Let's talk about how to set up our environments and ask the questions to support children's curiosity and learning.
14. **Play With a Purpose Mary Braxton I P**
With so much focus on curriculum and parents wanting to know what their young children are learning, how can I get back to the basics of enjoying playing with the kids and showing that it is a learning opportunity for them?
15. **Surviving Confrontation: Having the Difficult Conversations. Traci DeMerchant M**
Whether it's about a bill or a child's difficult behavior, we've all had to have conversations that are really challenging. Explore why some conversations are so hard to have, and how to have them anyway. Also when maybe to decide you don't need to have them
16. **Dramatic Play for Toddlers- Is It Just Pretending? Paula Belville GRATIS I**
Do the children in your classroom pretend and explore dramatic play? Do you plan dramatic play activities? So much learning takes place when children engage in dramatic play! Come explore ways to enhance dramatic play in your classroom!

17. Basic Custody and Support Law Ann H. Kloeckner, Esq. M

Learn the basics of custody and support law. When parents disagree about custody, what factors does the court use to decide? How is support set and enforced?

18. Incorporating STEM in your everyday Learning Environment Leah Spruill P S

There are endless ways to incorporate STEM in your early learning classrooms Discover how much fun STEM really is!

3rd Session 2:00-3:30PM

19. What's all this talk about open-ended art? Gail Multop P

In this workshop you will learn about why open-ended arts activities are more beneficial for children than "cookie cutter crafts", and will find out how to plan for them. We will try our hands with problem-solving, creative arts activities.

20. Managing Classrooms with Consistency and Creativity Nicole Lumpkin P S

How to make your classroom fun, efficient and productive while promoting learning, positive behavior, and opportunities to learn vital social skills.

21. Dyslexia Simulation Christina Carson P S

Experience first-hand what it is like to have reading and related challenges, how to apply this knowledge and helpful community

22. I Want To Go Outside! Brenda Cubrero I P S

Children naturally want to be outside exploring and investigating. We all know children gain physical skills during outside time but there are so many more benefits to outside time. Children are more likely to have greater respect for themselves and others, lower stress levels, and stronger immune systems when they have regular time outside. Let's explore the benefits of outside time and how you can get the most of your time when you're outside with the children.

23. Advocacy 101: The Basics of Getting Involved Mary Braxton M

Changes in laws and regulations affect providers at every level. Learn how to make sure your voice is heard when decisions are being made about your livelihood and the children in your care.

24. The Anxious Child Traci Demerchant P S

Exploring childhood anxiety and some tips for how to help the child feel better. Applicable for nearly any overly nervous or fearful child but with an emphasis on school-age children. We will discuss causes of this anxiety and ways to ease the pain. Will include question-and-answer period.

**25. Simple Steps Toward Better Recruitment, Hiring and Retentions of Quality Child Care Professionals M
Dr. Kevin Handley**

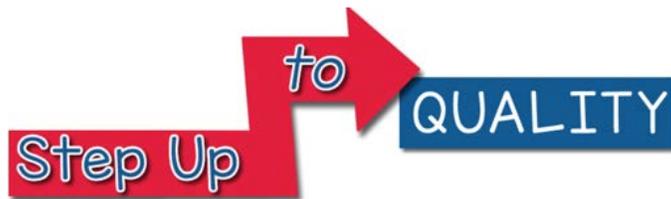
All young children deserve quality care provided consistently by dependable adults, but highly qualified childcare professionals are hard to find and even harder to keep. Without an effective strategy, the time and money invested in attracting, hiring and retaining quality child care professionals will yield frustration and leave fewer resources to invest in children. In this workshop, you will discover a simple system that guides your recruitment and hiring efforts, leading to greater employee satisfaction and retention. It's easier than you think to create a great team and a healthy workplace...once you have a system!

26. Keeping it Positive Leah Spruill I P S M

Self-reflection is a part of personal growth when working as an early childhood educator. Staying positive about what you do is a must! This workshop offers ideas to help.

27. Fifty Ways to Reduce Your Expenses Now! Paul Scott M

Looking for ways to save money, increase savings and get ahead? In this workshop, Paul Scott with Scott Insurance & Financial Services will get you moving in the right direction with 50 (or more) ways to reduce expenses now!!



Saturday March 4, 2017 at Germanna Community College

**Registration Form – complete both sides - one form per person - please copy as needed
or register online at: www.TheChildcareNetwork.org**

All attendees will receive a certificate for **7 hours of training and .7 CEUs (continuing education units)**. Date of Birth must be completed in order to receive CEUs.

Optional: A certificate for an additional 1- 4 hours of training will be sent to you after completion of 1-4 hours of follow-up activity based on the training workshops you attend, the submission of an “Additional Training Hour Form” and a minimal \$5 fee.

Name _____ * Birth Date (mm/dd/yyyy) _____

Mailing address _____

Email address _____ @ _____

Phone (H) _____ (W) _____ (C) _____

Employer _____ Employer’s Address _____

* **Gender** Male Female * **Ethnicity** (check one) Hispanic/Latino Not Hispanic/Latino

* **Race** (check all that apply) Black White Asian American Indian/Alaska Native Hawaiian/Pacific Islander

* **Used for statistical / reporting purposes only.** All information on attendees will be used solely for entering students in our student tracking system. Your information is strictly confidential and GCC complies fully with the Family Educational Rights and Privacy Act (FERPA).

Registration Fee. Includes training materials; morning refreshments; box lunch; tote bag & training certificate.

___ **\$38 Regular registration**

___ **\$75 Late registration, RECEIVED on 3/1/17 or later**

Please enclose a check or money order for the appropriate amount payable to: **The Childcare Network**
mail to:

**The Childcare Network
4701 Market St. Ste D
Fredericksburg VA 22408**

*NO REFUNDS- Registration is transferable with notice
Returned check fee is \$25
Registration will be confirmed by email or phone*

Nurslings under 6 months old are welcome, but please find care for
older children as workshops are for adults only and child care is NOT available

Germanna Community College, Fredericksburg Campus 10000 Germanna Point Dr. Fredericksburg VA 22408

Registration Form – complete both sides

NAME _____

Please mark your first (1) and second (2) choice of workshops for each session

Workshops fill up very quickly. Register early to get your first choice.**Keynote Session: 8:30 – 10:00** Mark your first (_1_) and second (_2_) choice of workshops

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___ B. Bystander or Life Saver -- It's Up to You! Joel Griffin I P S M

Session 1 10:15 – 11:45 Mark your first (_1_) and second (_2_) choice of workshops

- ___ 1. Why Can't We All Just Get Along? Helping Children Learn to Manage Strong Emotions I P S M
Mary Lynn White/Acorn Dreams
___ 2. Handling Difficult Parent Interactions Nicole Lumpkin M
___ 3. When 20/20 Vision Is Not So Clear Cindy Rose / Chuck Hinshaw P S
___ 4. STEAM, Baby STEAM! Brenda Cubrero P S
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___ 8. So That All May Play & Learn Kim Lett I P S M
___ 9. The Nuts and Bolts of Eating Becky Sheffield, Extension I P S

Session 2 12:15 – 1:45 Mark your first (_1_) and second (_2_) choice of workshops

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