

# First Aid & CPR

**Dates** Saturday January 10, 2009  
Saturday, March 14, 2009  
Saturday, May 9, 2009  
Saturday, July 11, 2009



**Time:** From 9am - 5pm ( lunch break on your own)

**Cost:** \$75 per person NON-REFUNDABLE

**Location:** The Childcare Network (directions below) 540-373-3275  
410 Westwood Office Park,. Fredericksburg VA, 22401

Participants will receive two-year First Aid & CPR certification through Medic First Aid. This certification meets the requirements for state licensed child care programs in Virginia. Cards will be distributed at the end of class. A minimum of 6 people are required to hold class. Registration fee will be returned ONLY if class is cancelled. Please wear comfortable clothing.

## **From I-95**

Take Exit 130 A, Route 3 East toward Fredericksburg. Go through 2 lights, and make a left into Westwood Office Park, (just after Shoneys). Go straight, then turn right by the Directory. Go to the end and turn left. We're on the left side, #410.

## **From downtown Fredericksburg or King George:**

Take Rt. 3 west. Just after the light at Staples and Big Lots, turn right between Lone Star Steak House and Partners Bank. Go straight, we are in building 400, on your left.

Complete form below and return with a check or money order for \$75 payable to The Childcare Network. One form per person, copy as needed. **Mail to:**

The Childcare Network  
410 Westwood Office Park  
Fredericksburg VA 22401

**Questions?**  
540-373-3275



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Please register me for **First Aid & CPR** training on

\_\_\_Jan 10, 2009    \_\_\_March 14, 2009    \_\_\_May 9, 2009    \_\_\_July11, 2009

I have enclosed a non-refundable check or money order for \$75, payable to The Childcare Network. I understand that my check will be returned to me only if the class is cancelled.

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Name of child care program, if applicable \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Email \_\_\_\_\_

**Register & pay online at: [www.TheChildcareNetwork.org](http://www.TheChildcareNetwork.org)**